



# the breeze

March 2018 / [www.CountryClubofLandfall.com](http://www.CountryClubofLandfall.com) / Volume 29, Number 3

## Welcome Spring to CCL

CAR SHOW &  
CHILI COOK-OFF

*March 4*

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ST. PATRICK'S DAY

*March 17*

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KIDS & ADULTS  
EASTER EGG  
HUNTS

*March 24 & 31*







**JESSI REUTTER**  
GENERAL MANAGER

new facilities with Members of the Membership & Marketing Committee, Fitness Committee and staff. If you missed the open house, I encourage you to connect with Kristin Wilson in the Membership Office to sponsor new members and explore our current sponsor and new member offerings.

You will continue to notice a lot of work this month and next month on the finishing touches at the pool. These items include:

- Cool decking application
- Fencing in front of the back pool wall (currently black)
- Completion of the infiltration basin work (previous grass area) and modifications to accommodate additional seating
- Outdoor grill renovation
- Outdoor bar installation
- Delivery of umbrellas, soft seating, tables, chairs and chaise lounges

Phase II of our Facility Improvement Plan, the Landfall Clubhouse, will begin later this summer. In addition to the work being done with our architects, Design Committee and contractors, internally, we are working on several elements for this phase:

- Modifications to the Dye kitchen to support the relocation of Tavern/Grill dining to the second floor of the Dye
- Dye patio alterations to provide more social space for Member utilization
- Overall cosmetic enhancements to the first and second floor of the Dye
- Relocation of furniture, fixtures and art from the Landfall Clubhouse to the Dye

I would like to thank the Strategic Planning Committee and the Members that participated in the series of focus groups. This compilation of information is very helpful for the Board and management to use in making strategic and operational decisions.

Spring is here and there is excitement in the air! Our Drysdale Sports Center Open House events last month were a great success. Members, guests and Non-Member Landfall residents came out to explore the

Another area for all Members to provide their feedback is through the Annual Member Survey, which you were recently notified is available. Please take the time to complete the survey, as it is important for us to know what is going well, what needs improvement and how we are evolving year over year. Once the data is consolidated, we will share the results with the membership later next month.

As you are aware, we began our Club website transition at the end of last month. The enhanced website will provide you with an elevated online experience. Part of the enhancement is connecting our website into our new mobile app. We encourage you to download the new CCL app from the app store. Many of you enjoy the convenience of paying your monthly statements on-line. Your banking information is not stored by the Club for security reasons, therefore, you will need to re-enter your preferred account for website payments. Thank you for your patience during the transition. Once this process is complete we will be launching our upgraded check-in system.

Please mark your calendar for the next Member meeting regarding ways to improve the capital reserve standing of the Club. The meeting will be on Tuesday, March 13 at 6 p.m. Beginning next month, our Breeze publication will be on a bi-monthly basis providing you exciting Club details in advance. And don't forget to make your Easter reservations!

Enjoy the Journey,

  
JESSI REUTTER

### *A Friendly Reminder*

**2.1** Members and the guests of Members, while using the Club's facilities, shall at all times conduct themselves as ladies and gentlemen and abide by all Rules & Regulations. Any violation of these Rules & Regulations and/or the By-Laws by a Member or their guests may subject the Member to disciplinary action under the Rules & Regulations and/or By-Laws of the Club. **Any Member who either observes or is subject to any misconduct or violation should report the misconduct or violation to staff.**

## *Welcome New Members*



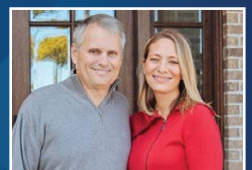
**STEPHEN & JULIANNA EARP**  
2024 Kenilworth Drive  
Wilmington, NC 28405



**CHARLES & JEANNINE BENOIT**  
2103 Lytham Court  
Wilmington, NC 28405



**WILL & NICOLE MCFARLAND**  
824 Bedminister Lane  
Wilmington, NC 28405



**ROBERT & SAMANTHA MARTIN**  
2056 Deer Island  
Wilmington, NC 28405



**RODNEY & MARIE DEREMIAH**  
822 Fox Ridge Lane  
Wilmington, NC 28405

## JANUARY BOARD OF DIRECTOR'S NOTES

### Approval of Board Minutes

- A motion was made by Sue Sabanos and seconded to approve the December 2017 Board minutes. All in favor.

### Membership/Marketing

- A motion was made by Jean Rosenberg and seconded to approve 2 new Full Members and 7 new Sports Members. All in favor.

### Financial

- Preliminary December operations were \$10,000 better than budget for the month with a projected \$261,000 year end surplus.
- The FIP budget has remained steady with \$80,000 remaining in contingency.

### General Manager

- The Board endorsed allowing Porters Neck Country Club use of the

Nicklaus Course and Snack Bar in the afternoons, June 2018 – August 2018, while their course is undergoing renovation. Jessi Reutter will update the Board on fees to be charged.

- A motion was made by Avery Wilmeth and seconded endorse the Charity Golf Proposal as presented. All in favor.

### FIP Capital Deficiency Discussion

- A motion was made by Avery Wilmeth and seconded to send a letter to those active Refundable Property Owner Members reminding them of their ability to transfer their membership as part of the sale of their property. All in favor.
- A motion was made by Avery Wilmeth and seconded to send a letter to those on the current Sellers' List and are Landfall Property Owners, that if they were to rejoin the club they may also transfer their membership with the sale of their property. All in favor.

## 2018 MEMBERSHIP PROGRAMS EXPIRES MARCH 31!

### MEMBER REFERRAL INCENTIVE

- If a Full Member refers a new Full Member, both the referring and new Member will receive complimentary carts for the calendar year of 2018.
- If a Full or Sports Member refers a new Sports Member, then the referring Member will receive a Sports Center Activity Package.
- If a House member refers a new Full or Sports Member, then the referring Member will receive a \$50 monthly dues credit for the calendar year of 2018.

### UPGRADE PROMOTION

- Current Non-Refundable House Members can upgrade to Sports for \$5,000.
- Current Non-Refundable Sports Members can upgrade to Full for \$5,000.
- Current Refundable House Members can trade in their refundability and upgrade to Sports at no additional cost.
- Current Refundable Sports Members can trade in their refundability and upgrade to Full at no additional cost.

Please contact your Membership Director, Kristin Wilson, with your referrals or if you are interested in learning about the latest reinstatement options. Thank you for your continued support! Phone: 910.256.8411, Email: [Kristin.Wilson@countrycluboflandfall.com](mailto:Kristin.Wilson@countrycluboflandfall.com)

## CCL EMPLOYEE SCHOLARSHIP RECIPIENTS FROM THE LANDFALL FOUNDATION

Whitman Barnes, Golf Operations  
Andrew Bishop, Golf Operations  
Nick Blake, Fitness

Andrew Branham, F&B  
Emerson Hadley, Fitness  
Ryan McGuire, F&B

Adam McManus, F&B  
Nick Samborski, F&B  
Woody Watson, Tennis







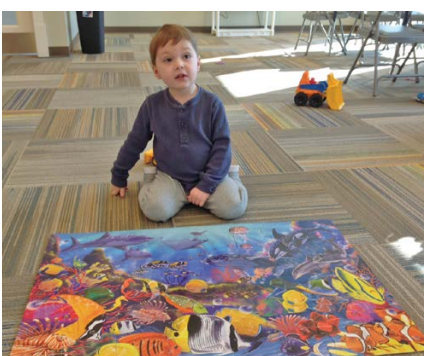
Father/Daughter Dance



GLOW fundraiser with Guy Fieri









## MARCH

### Car Show and Chili Cook-off

4

11am-2pm

Come view fellow members' exotic cars while enjoying our chili. Cook-off prizes for best chili. Food by & drinks by signature. Register cars and chili with the Events Department

### St. Patrick's Day

17

Corned beef and cabbage meal in Tavern and VDR for \$15  
\$2 draft green beer in Tavern  
\$3.50 Guinness  
St. Patrick's Day Snack Bar specials  
\$2 domestic beers

### Adult Easter Egg Hunt

24

4-7pm, \$15++

Hors d'oeuvre Buffet, Hidden Easter eggs- with free beer coupons, airplane bottles, prizes, Golf chipping contest, Lawn games- can jam, corn hole, giant jenga, giant connect four, ladder ball, bocce ball.

### Kids Easter Egg Hunt

31

Temple Gardens - Open to all members and residents.  
11a.m. Sharp.  
Advanced reservations required.  
\$7/child.

## APRIL

### Easter Buffet

1

11am-2:30pm

seating every 15 minutes

### Screen on the Green

6

6-9p, with movie starting at 7pm on the Nick driving range

### Party en Blanc

27

Nick Clubhouse  
Dinner Buffet  
Live Music by The Port City Shakedown Band!  
Adults only, all light-colored attire please

## MAY

### May the Fourth be with you - Star Wars Themed Party

4

Grand Opening Pool Party

All ages. Reservations required. Come in your best costume and enjoy Star Wars themed buffet!

### Cinco De Mayo

5

\$3 Chips and salsa  
\$5 Chips, Salsa and Queso  
\$3 Coronas  
\$5 House Margarita special  
\$5 House Mint Julep  
Mexican themed meal specials

### Mother's Day Buffet

13

Celebrate that special Mother in your life and let her and your family get waited on!

### Memorial Day Buffet at the Pool

28

Activities with Ms. Judy, DJ and Buffet.



### PINOT NOIR WINE TASTING

Featuring Pinot Noir from across the world!

WEDNESDAY, MARCH 7

Landfall Ballroom, 6pm

### BECKMAN WINE DINNER

With Special Guest Jeff Beckman!

WEDNESDAY, MARCH 28

Landfall Ballroom, 6:30pm

## VDR/DINING ROOM

### FIRST FRIDAY LIVE MUSIC



FRIDAY, MARCH 2

### Lobster Night

FRIDAY, MARCH 30



## SNACK BARS & CAFÉ



### SHAMROCK SMOOTHIE

Spinach, Avocado, Yogurt, Banana, Coconut Milk & Vanilla Vegan Protein.

**CHEFS CHOICE SOUP** at the Café or call ahead to order lunch, 256-7632.

### NEW SNACK BAR HOURS STARTING MARCH 11

Nick: Monday, 8am-3pm, Tuesday-Sunday, 7am-5pm  
Dye: Wednesday-Monday 7am-6pm, Tuesday closed.

\*hours are subject to change depending on weather\*

**NEW WINE SPLITS AT THE DYE:** Frog's Leap Sauvignon Blanc & MacRostie Chardonnay



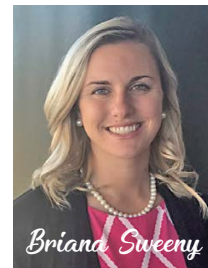
**JASON CHERRY**

Director of Golf

It is with great pleasure that I would like to introduce you to Briana Sweeny, PGA. Briana is our new Assistant Golf Professional that will also be our Junior Golf Leader. Originally from Wyoming, Briana is a graduate of Methodist University in Fayetteville, NC where she earned her BS degree in Business Administration through the Professional Golf Management Program. She was a member of the Women's golf team and

that is where she learned to love to teach the game of golf. Briana comes to us from River Landing Club in Wallace, NC where she has worked as an Assistant Golf Professional for the past three years.

Briana's friendly personality, positive energy, and wealth of golf operations knowledge will make her a great addition to our team. As our Junior Golf Leader, she looks to add to our already growing and exciting Junior Program with all her innovative instructional ideas and a strong emphasis on golf fitness. She is extremely excited to join the CCL family so please take the time to stop by and meet Briana!



*Briana Sweeny*

Speaking of new, in conjunction with the House and Golf Committees, we have created a new start of season golf tournament for ALL to enjoy; the Spring Mixer Scramble! The tournament will take place Saturday, March 10 with a 9:30am shotgun start at the Nicklaus course. The format will be individual registration where all the teams will be paired into an A,B,C, and D players to form the 4-person mixed teams that will play a scramble format. The event is open to all men and women full golf members. With it being a scramble (Captain's Choice) format, golfers of all skill level are encouraged to play. To add to the excitement of the event, there will be a Pairings Cocktail hour Friday, March 9 where the teams will be revealed. We hope you will join us for this new and exciting event to kick-off the 2018 golf season. Please check with the golf staff for full details.

Lastly, as you read last month, we took the time to acknowledge all of our 2017 Champions one last time as we begin the new year. One championship was mistakenly left off the list so I would like to extend a final congratulations to Don and Susan Rudy as our 2017 Couples Club Champions.

## MEMBER ACHIEVEMENTS

Our first hole-out eagle of the year took place on January 23rd when sharp shooter **Tom Rowland** holed out with his gap wedge from 108 yards while playing Ocean #8. Great Shot and nice two!



One for the ages for Mr. **Tom Naylor**. . . on February 1st playing at the Nick, he recorded a round two better than his age. . . Way to go Tom!



Also on February 1st, we had another great feat take place. While playing the testy 6th hole on the Marsh, **Susan Lackman** used her 6-hybrid from 87 yards to record her first ever Hole-in-One!! Great shot Susan!



Congratulations to **Doug Foster** for his great shot on February 10th. While playing the Dye, he used his 5-iron from 170 yards on #8 to record a hole-in-one! Great shot Doug!

## UPCOMING FITTING DAYS

The spring season is upon us so now is the time to start knocking the rust off your swing and take a look at some new 2018 golf equipment. We have two fitting days scheduled for this month.



**SATURDAY, MARCH 3**

12-4pm

Contact Head Professional,  
Bryce Chaffee, PGA  
to book a fitting time.



PARSONS XTREME GOLF

**FRIDAY, MARCH 9**

12-4:30pm

Contact Director of Golf,  
Jason Cherry, PGA to book a time.



**Junior  
GOLF  
PROGRAM**

**KICK-OFF SOCIAL**  
**Saturday, March 17**  
**1-3pm**

A great afternoon of fun and games,  
information about our 2018 CCL Junior Golf  
Programs...and ICE CREAM!

**Development Clinic** - (Beginners) Beginning March 24, 10-11am.

**Advanced Clinic** - (more advanced) Beginning March 24,  
1-1:30pm. Athletic Skills, 1:30-2pm. Golf Skills, 2:15pm tee off  
for 9 holes.

## Y.E.P. YOUNG EXECUTIVES PROFESSIONAL GROUP

**WHO:** CCL Full and Sports members under the age of 60 (occasional guest invitationals) and CCL golf staff

**GOLF:** Foursomes grouped to play 9 holes of golf, with tee times starting at 5:15pm.

**DINNER:** 7:30pm with special featured menu

**PRIZES:** Gross and Net winners will be awarded.

**DATES:** Begins April 19, continues bi-weekly through October

**FORMAT:** Various formats with basic game being Captain's Choice so higher handicap players can enjoy.



**JEFF MACK**

Director of  
Golf & Grounds  
Maintenance

**W**e hope that the Membership is finding the newly introduced yardage tags atop the Dye and Pines courses irrigation heads to be both helpful and attractive. The same upgrade will be applied to the

Marsh/Ocean course's irrigation heads this spring.

The appearance and condition of the cart paths impacts both the aesthetics of the facilities and the overall golfing experience. Approximately (65) individual sections of broken cart paths are in the process of being replaced. Tree roots are typically the primary culprits in causing the concrete to fracture. This round of repairs is anticipated to be completed by the end of March.



New G-Angle sand being plate tamped to accelerate its setup time.

The drain intake in the rough to the back right of #4 Dye green has been repaired and is now taking water. A section of 8" pipe that was both crushed and filled with debris had to be removed and replaced. The majority of main line drainage pipe on the Dye course is over 30 years old and has exceeded its useful life expectancy. Repairs similar to this will likely become commonplace as time marches on.

Addition of G-Angle sand to predetermined bunkers will soon conclude. By that time, approximately 1,200 tons of sand will have been installed. Vibratory plate tamping continues to quicken the setup time of the new sand.

The bronze 150 yardage plaques proudly bearing the CCL logo and prisms identifying distances of 100, 150, and 200 yards to the center of the green have been installed on the Nicklaus fairways and cart paths. They are identical to the ones introduced on the Dye course during the summer of 2017.

Year-round weed pressure is typically at its most heightened state during the late winter/spring of the year. Please know that we are actively engaged in cleaning up the CCL courses of these persistent pests. As has been discussed before, the speed at which a herbicide(s) takes effect on a target plant is largely dependent on both soil and air temperatures. Additionally, some herbicides must be root absorbed by the target plants to take effect. Irrigation following an application may be warranted if no rain is present.

To help polish the overall appearance of the courses, we are expeditiously adding new pine

# Jeff Mack's GREEN'S CORNER

straw to the course beds. We are focusing on the Nicklaus first, and will then attack the Dye.

This month CCL will be hosting the Cape Fear Golf Course Superintendents Association annual conference. Superintendents, sales representatives, researchers, and students from across the region will be in attendance. The CFGCSA is comprised of 150 members, which includes (7) employees of the CCL Maintenance Department. The annual conference affords association members the opportunity to network, share ideas, and become enlightened with a wealth of new information from highly-regarded professionals within the industry. We sincerely appreciate the CCL Membership and staff supporting this event.

With the 2018 CCL golf season preparing to ramp-up, we would like to respectfully remind the CCL membership to fill their divots, repair their ball marks correctly, and abide by the 90-degree cart rule. Make no mistake about it, course conditions benefit when these practices are embraced and adhered to by all Members. As always, if you should have any questions, please feel free to stop me on the course, make an appointment to see me in my office, or speak with a CCL Green Committee member.



## TIP OF THE MONTH BY GREG GUMAN

## PRELOAD YOUR DRIVER SWING

To get the most out of your driver try preloading your set up with the driver. In the picture, you can see three fundamentals to preload your driver swing in order to get the most out of it. Fundamental number one is the forward ball position. Play the ball off of your forward in step with the driver. Fundamental number two is the tilting of your torso. In the pic you can see how my torso is tilted where my right shoulder is much lower than my left shoulder making it easier to swing from under the plane and up on the ball. This torso tilt will allow you to maximize you launch angle of the driver. Fundamental number three is the loading of the weight into my right side. In the picture you can see how 70% of my weight is into my right side allowing me to really get my weight behind the shot so I can shift weight thru the ball and really smack that tee ball. Give it a try.

**BALL FORWARD – TORSO TILTED – WEIGHT BACK and SMACK THAT TEE BALL**

Have fun, see you on the tee





# LANDFALL GOLF ASSOCIATIONS

## LGA

Welcome to the 2018 LGA season! If you have not done so, be sure to sign up online or at the golf shop for the Opening Cocktail Party and Meeting to be held at the Clubhouse on Wednesday, March 14. This is a great opportunity to catch up with old friends and welcome new members as well as learn about plans for this year's season. Opening Day follows on Thursday, March 15, with a 9am start with a Shamble format at the Nick. We are looking forward to a big turnout for both events!

We want to say a big thank you to the following members who are volunteering their time this season:

New Member Liaison - Aimee Lamy

Sunshine: Ginger Wilson

Hole in One: Katie Ludwig

Memorial Garden: Trent Armbruster, Nancy Barnet, Charlotte Hackman

This season will bring games and tournaments for all skill levels. Watch for the first tournament of the season, the Ringer Tournament on April 19/20, organized by Nancy King. The format will be best ball of the two-some on the first day, and improved best ball of the two-some for the second day. Come out to enjoy the camaraderie in this very popular tournament! Sign up online or at the golf shop,

Mark your calendar!

March 14 - Opening Party and Meeting - CCL Clubhouse

March 15 - Opening Day - Shamble (ABCD/Team) - 9am - Nick

March 22 - Blind 9 (Flighted) - 9am - Dye

March 29 - Low Gross/Low Net (Flighted) - 9am Nick

Ringer Tournament - April 19 and 20 - 9am Dye

## L9GA

Welcome to a new year of L9GA golf filled with regular Thursday morning play, special events, clinics, parties and more! Your new board president, Tracy Hodgson, is planning all of these events along with our Landfall L9GA liaison John Whittaker. A talented team of ladies will be assisting her. We are looking for new members to join us- our group has a mission to promote a wonderful golf experience and provide opportunities for this wonderful group of L9GA ladies to celebrate playing golf at Landfall.

Opening day is just around the corner on Thursday, March 8.

A 9am start at the Nicklaus clubhouse will be followed by a lunch. Its always a good idea to arrive 30 minutes ahead of time; John usually makes announcements 15 minutes ahead of time about the format and a 'rule for the day'; arriving early allows us to practice, grab our water and meet our partners for the day. The format will be Captain's Choice and

new members will be paired with their big sisters.

We started the events year with a new members cocktail /social in February at the home of Kiplyn Duffy, our events chair, with the new members' big sisters/mentors present to welcome them to the group!

Next up in April is the traditional opening L9GA cocktail on Thursday April 5 at the home of Jan Johnson. You are invited to bring your spouse or significant other for this enjoyable get-together from 6-8pm.

Then the first twilight couples event for the L9GA is on Sunday April 29 with a 3pm tee time followed by dinner at the Nicklaus clubhouse. Partners can include husbands, significant others, or other golfing lady friends here at Landfall.

We are looking forward to seeing our new members on Thursday mornings and welcoming back friends from past years. Its never too late to sign up with the L9GA!

## MGA

The Men's Golf Association (MGA) kicks off its 26th season on Wednesday March 7th. We gather most Wednesday mornings from March through early November and have a full schedule of 31 team and individual events. The pro shop forms the foursome and teams and the format varies each week. Most events are flighted by handicap. Golf is followed lunch which most of the players attend. Beer and ice tea/lemonade are provided by the MGA. Whether you are new to the club or a long time member, it's a great way to meet new people and play a fun competitive game.

If you haven't signed up for the 2018 season, you can find the simple

application for on the CCL website at the Golf/Association/MGA link or the Pro Shop can supply a form for you. Complete the application and send it along with a \$40 check, payable to MGA to Don Rudy, 719 Autumn Crest Place, Wilmington, NC 28405. Or you may simply drop off the completed application and check at the Pro shop at either course. MGA is open to all men who are full club members.

Opening day, March 7, will kick off with the opening breakfast at 7:15am followed by golf teeing off at 9am. The breakfast meeting will include comments from MGA president Steve Bruni, Jason Cherry the Director of Golf and Jeff Mack the Director of Golf Course Grounds Maintenance.

Looking forward to seeing you at the MGA.





**JOSH CASE**  
Fitness & Aquatics  
Director

of five local meets and daily practices Monday-Friday. Practices will start mid-May. In addition to the Swim Team, other programs such

**S**pring and summer are in the Air! We have had a very busy start to 2018 and are already looking forward to the Summer and Pool Season. Although the water will be chilly, the pool will be available for lap swimming starting this month. The pool will be open for the season in May. The Landfall Lazars will be back this summer on our home turf. Lazars registration is available online and at the Sports Center. The season consists

as Water Aerobics and Swim Lessons will also be available.

In the Fitness Center, we have heard your feedback and have added a number of new classes to the schedule. We will be introducing a class cancellation policy starting March 15. To be fair to all members, anyone who is pre-registered for a group exercise class and does not attend the class or does not cancel 1 hour before the class starts, will be charged \$10. Also to be fair to fellow members, please help us in abiding by the 30 minute limit on cardio rules and wipe down your equipment after use. These two items help keep equipment clean and available for members within a reasonable manner.

Thank you and see you at the Fitness Center!

## WELLNESS WORKSHOPS:



### START AT THE BEGINNING 3 WEEK INTRODUCTORY YOGA SERIES

**MONDAYS & FRIDAYS IN MARCH 11AM-12PM (Starting March 12)**

If you want to try yoga, this series is for you.

Join Leigh Ann to learn and feel the basics of yoga. Absolutely no experience required. No flexibility required. All fitness levels are welcome. Please wear comfortable clothes that allow you to move freely.

This series is also relevant for anyone looking to refresh their yoga practice or learn more about healthy alignment, and it is highly recommended for prospective and new yoga teachers.

Everyone has a first class. Yours can be Monday at 11am! For best results, attend all 6 classes.

Cost: \$60 for the whole course or \$15 for a single session.



**BACK TO BASICS NUTRITION:** Do you really know what's in your food? This workshop will jumpstart your attention to what's on your plate and in your fridge. Topics will include: How to read labels. How to track your food and the benefits of tracking food. Common myths and misconceptions.

**WEDNESDAY, MARCH 7, 12PM**

Location: Kids Club located at the Sports Center

FREE for Members

Led by Personal Trainer Crystal Gentry



**BENCH PRESS, SQUAT AND DEADLIFT:** Learn the proper form and mechanics of these popular Olympic lifts. We will discuss different techniques and how to vary your programming to improve performance. You will also learn how to properly warm up and prevent injury. After the workshop, you will be able to take home a visual of your bar path and examples of how to improve.

**SATURDAY, MARCH 3, 12PM**

Location: Sports Center in the Free Weight Room

FREE for Members

Led by Personal Trainers Emerson Hadley and Josh Case



# FIT & FAB

perhaps the following will provide a mental glimpse and description of what to expect and encourage you to try a class.

CCL Pilates Studio has 3 reformers. Each consists of a sliding carriage, combination of springs, pulleys and straps. The carriage has a headrest, shoulder blocks and handgrips; at the other end is a foot bar and springs to adjust the resistance based on individual needs. More than 100 exercises are designed for the reformer. Another component of the reformer is the Wunda Chair. The Wunda Chair is a wooden box shaped like a chair with a pedal attached to the bottom with springs. The chair emphasizes core stability with resistance exercises to isolate, strengthen and improve flexibility in specific muscle groups as well as posture.

CCL Pilates Studio has one Cadillac (Trapeze Table) that is used for private/personal training and also perfect for one on one rehab work.

Shannon Allred and Jennifer Salter, CCL Reformer instructors, are excited and enthusiastic about teaching the Reformer Pilates classes and we are lucky to have them. Overseeing small groups of 1-3 people allows for individual assessment and attention. This ensures that participants work at his or her level throughout the class.

Sue Mobley who is a new student in Reformer Pilates, prefers this

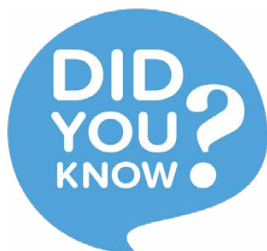
If you have yet to experience Reformer Pilates now offered at our CCL Sports Center,

over Mat Pilates for several reasons. She enjoys the "personal training" feel with Reformer Pilates. Sue also states that the reformer is much kinder to her lower back as the resistance is generated by the apparatus and not your body.

Kathy Masi has been practicing Reformer Pilates for 2 ½ years. A former Matt Pilates and Yoga participant, Kathy developed real back problems which have completely abated since switching to Reformer Pilates. She also feels that the reformer works every muscle and her entire body is more toned.

Currently there are 6 classes offered Monday-Wednesday, 5 on Thursday and 3 on Friday. One can register for a class on the CCL website or at the Sports Center front desk. There is a \$20 /person charge for these classes. Private sessions (\$60) and dual sessions (\$45 /person) are reserved by appointment only.

In the near future, look for a men's only class and special classes for the tennis player and golfer. Regardless of your choice of class, expect a total work out that is safe, effective and fun!



*Crystal Gentry, personal trainer and group exercise instructor tells us how you breathe has a significant effect on your body, your workout and your life!* Many cultures have used breath control to improve health, maintain youthfulness and extend life expectancy. Slow,

controlled, deep belly breathing also helps calm the mind by stimulating the parasympathetic nervous system, which assists in regulating emotions and stress levels.

Here is a simple breathing technique to try out:

## UJJAYI PRANAYAMA (BREATH OF VICTORY)

Begin in a comfortable seated position, eyes closed, sitting up tall but relaxed. Breathe deeply through the nostrils, feeling the belly expand outwards. Now imagine a mirror in front of you and as you exhale through the mouth, make a "HAAAAA" sound and "fog up" your mirror. In your minds eye, write something inspirational to yourself. Your belly should be pulling in towards your spine as you inhale. Continue with this pattern, regulating your inhale and your exhale to the same length. Aim for at least 3 minutes of continuous breath. Namaste!!!

*Crystal Gentry is a Certified Personal Trainer and group exercise and yoga instructor and is available for private sessions. Please call 910-256-7625 if interested in setting up an appointment.*

## MASSAGE THERAPY FOR ANXIETY & DEPRESSION

If you are one of the many who experience depression or anxiety or are just overloaded with extra stress, massage can be an effective part of treatment supporting you to create a sense of relief, empowerment and mind-body connection.

While massage can be deeply relaxing on a purely physical level, research also indicates that it produces profound neurochemical changes that increase psychological well-being. These neurological changes may explain why people with depression and anxiety who receive massage treatments report decreased symptoms.

Human touch is essential to our sense of well-being. Far from simply being an arbitrarily pleasurable sensory experience, human touch causes our brains to release oxytocin. Research has found that oxytocin can decrease social anxiety, depression, and stress, while increasing empathy, generosity, self-esteem, optimism, and alleviate psychological distress.

The emotional balance massage provides can be just as vital and valuable as the physical benefits. Massage provides a safe and nurturing place for individuals to relax, refocus and find clarity. It can increase awareness of the mind-body connection. Massage can generate confidence and enhance self-image and self-worth.

**PATTY ACCATTATO, LMBT | CCL SPORTS CENTER | 910-264-6951**



## ADULT PLAYER OF THE MONTH



### SHAWN BRODERICK

Shawn has brought his game up a couple of levels in the last 6 months and continues to improve playing cardio tennis, mixed doubles and hitting on the ball machine. His fast footwork together with his ferocious forehand and quick hands make him a tough opponent. Watch out for Shawn in the coming months to continue improving his game!

## MARCH EVENTS

SIGN UP ONLINE



### STROKE OF THE WEEK - 9AM

**MARCH 1** - Forehands

**MARCH 15** - Backhands

**MARCH 29** - Approach shot and volleys

Cost: \$15 per clinic



### HIT WITH THE PROS - 11AM-12:30PM

**MARCH 2 & MARCH 23**

Free to Members. Come out and play doubles with our pros. Learn new doubles strategies or freshen up on your doubles play! Sign up online or by calling the Tennis Shop at 256-7625.



### ST. PATTY'S DAY MIXER AND KID'S NIGHT, 5:30-7PM

**MARCH 15**, Cost: \$20 per Adult / \$20 per child

Join us for a family night on the courts! There will be an adult mixer for parents and a kids clinic all at the same time! For the adults after tennis local blackened fish and grilled chicken tacos will be served! A bar will be set up for before, during and after tennis so you can grab drinks! Kids will be served quesadilla, chips and salsa! Wear your best St. Patrick's Day outfit we will have prizes for best dressed!



### WINE DOWN WEDNESDAY LADIES NIGHT, 5-6:30PM

**MARCH 21**, Cost: \$15

Sign up for a competitive round robin! We will play tennis and enjoy some wine and cheese! You do not have to sign up with a partner! Sign up online or by calling the Tennis Shop at 256-7625. Entry fee includes one glass of wine and cheese tray.



### LADIES FRIDAY ROUND ROBIN - 11AM

**MARCH 2 & 16**

All levels welcome!

## JUNIOR PLAYER OF THE MONTH



### KATHRYN HILDRETH

is our March Junior Player of the Month. She has spent many cold nights at clinic this winter working hard to improve her game. She was also the finalist in our first Grand Slam event, the Australian Open. Way to go Kat Kat! Keep up the hard work!



## ACE TENNIS SUMMER CAMPS

Monday-Thursday 9am-3pm, Friday 9am-12pm

**JUNE 18-22**

**JULY 16-20**

**JUNE 25-29**

**JULY 30-AUGUST 3**



## JUNIOR TENNIS CLINIC SCHEDULE

### WeeTots

Monday and Wednesday  
3:30-4pm

### Future Stars

Monday and Wednesday  
4-5pm

### Young Guns

Tuesday and Thursday 4-5pm

### Ace 2

Tuesday and Thursday 4-5:30pm,  
Wednesday 5-6:30pm and  
Saturday 11am-1pm

### Ace Orange

Monday 4-6pm, Tuesday,  
Wednesday, Thursday 5-6:30pm  
and Saturday 11am-1pm

### Ace Green

Monday 4-6pm, Tuesday,  
Wednesday, Thursday 5-6:30pm  
and Saturday 11am-1pm

### Ace Academy

Monday 4-6pm, Tuesday,  
Wednesday, Thursday 5-7pm  
and Saturday 11am-1pm

## TOURNAMENT CORNER

3/3	March Indoor Junior NC L5 at Barber Park - Greensboro, NC
3/10	Ebony RC 2nd Annual Junior NC L4 - Raleigh, NC (ACETRavel TEAM)
3/16	Leap'n Leprechauns L6 - Wilmington, NC
3/23	KMS Jr Open NC L4 - Kinston, NC





**JUDY MITCHELL**  
Children Activities  
Director

**K**id's Club is bringing some March madness of our own this month with fantastic classes and events! We asked for feedback and we got it! Our parent panel requested Age-Specific classes and activities so if you haven't noticed yet, we now offer two versions of both cooking and classes. Our **Tastebuds** cooking and **Craft Starters** are suited for ages 5 and up; while for our ages 8 and up we've got **Chef Apprentice** and **Creation Station**. Each group is clearly labeled with name and ages

on our Breeze page and weekly email reminders. It's a great way for kids to try new activities with their friends and peers and we can't wait to see you in our new space. For families with siblings in different age groups, not to worry! Our **Afternoon Drop-in Care** runs Monday-Thursday simultaneously in the room next door, so moms and dads can drop off all the kids in one easy location. This month we're also bringing back some family favorites like our Mother/Son Challenge night, Leprechaun traps, and more! Don't miss out and make sure you're signed up by email to get all the latest happenings in Kid's Club.

## Kid's Club Dinner and Movie Parties



Time: 6-9:30 p.m. Price: \$17.95++

**FRI.**  
2-23

**Friday, March 2-** Dr. Seuss Birthday Party

**Friday, March 23-** Movie and BINGO!



**SAT.**  
17<sup>TH</sup>

### Double Digits Talent Night

6:30-9p.m. Heron Room \$15 \*SING\* \*ACT\* \*PLAY  
SOMETHING\* \*SHOW OFF WEIRD TRICKS\*  
\*TELL JOKES\* THE STAGE IS YOURS!!



**SAT.**  
24<sup>TH</sup>

### Mother/Son 'Minute to Win it' Game Night

4:30-7p.m. Adults - \$20++ Children \$18++  
Reservations- deadline March 22, Pizza, Salad and Dessert  
Recommended ages 5+



**SAT.**  
31<sup>ST</sup>

### Easter Egg Hunt – Temple Gardens

**Saturday, March 31** 11a.m. Sharp - Please make  
reservations by calling 256-8411. Open to members and  
Landfall residents, \$7/child

## MARCH AFTER SCHOOL CLASSES

24 hour reservation and cancellation policy. 3 participant minimum required.

3:30-5:00 p.m. \$18 Kid's Club House

### AGES 5+

**6<sup>TH</sup>** Taste Buds Cooking, This month: Monkey Bread

**13<sup>TH</sup>** Leprechaun Traps craft

**22<sup>TH</sup>** 'Where's the Bunny?' craft

### AGES 8+

**8<sup>TH</sup>** Chef's Apprentice Cooking Class: Homemade Cheez-Its

**15<sup>TH</sup>** S.T.E.A.M activity favorites craft

**29<sup>TH</sup>** April Fool's Day Foods

## DROP-IN CHILDCARE

**Mornings - Mon-Fri: 8am-12pm:** Complimentary to Full and Sports Members for their immediate dependents.

**Afternoons - Mon-Thurs: 3-6 p.m.** All members - \$8/hour for one child, \$6/hour for the second child.



## Summer CAMPS

Registration is NOW OPEN, check website for details.

### JUNE

**4<sup>th</sup>** Junior Camp: 9am-12pm

**11<sup>th</sup>** Van Gogh Camp:  
9am-12pm

**18<sup>th</sup>** Junior Camp: 9am-12pm

**18<sup>th</sup>** Egypt Explorers: 9am-3pm

**25<sup>th</sup>** Zombie Survival Camp:  
9am-3pm

### JULY

**2<sup>nd</sup>-3<sup>rd</sup>** Vikings: 9am-12pm

**5<sup>th</sup>-6<sup>th</sup>** Super Hero Training  
Camp: 9am-12pm

**9<sup>th</sup>** Camp CCL: 9am-3pm

**16<sup>th</sup>** Junior Camp: 9am-12pm

**16<sup>th</sup>** Camp CCL: 9am-3pm

**23<sup>rd</sup>** Camp CCL: 9am-3pm

**30<sup>th</sup>** Junior Camp: 9am-12pm

**30<sup>th</sup>** Camp CCL: 9am-3pm

### AUGUST

**6<sup>th</sup>-7<sup>th</sup>** Pirate Camp 9am-12pm



Junior Camps are ages 3-5 | All other camps are ages 6+

Mini Camps (Super Hero, Pirate- ages 5+)

## Your Childcare Providers



Lauren Groff



Abbey Emerson



Candy Shuford



Erin Stitt



Christie Yoash

# MARCH 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4  Tavern Brunch, 10:30am - 2pm Car Show and Chili Cook-off, 11am-2pm	5  Drop-In Day Care, 8am-12pm & 3-6pm Cardio Tennis, 8:30am Daytime Workout, 10am Jr. Tennis Clinics, 3:30pm & 4pm L.I.F.T., 5pm	6  Drop-In Day Care, 8am-12pm & 3-6pm After school class, 3:30pm Cardio Tennis, 9am Daytime Workout, 10am Jr. Tennis Clinics, 4pm & 5pm	7  Drop-In care, 8am-12pm & 3-6pm Homework Hustle, 3:30-5pm Cardio Tennis, 8:30am Daytime Workout, 10am Back to Basics Nutrition Workshop, 12pm KidFit (ages 8-11) 3pm KidFit (ages 12+) 4pm Jr. Tennis Clinics, 3:30, 4 & 5pm Wine tasting, 6pm MGA opening day - Breakfast at 7:15am and golf at 9am	1  Drop-In Day Care, 8am-12pm & 3-6pm Cardio Tennis, 9am Stroke of the week, 9am Daytime Workout, 10am Jr. Tennis Clinics, 4pm & 5pm	2  Drop-In Day Care, 8am-12pm Dinner/Movie Night, 6pm Cardio Tennis, 8:30am Daytime Workout, 10am Hit with the Pros, 11am Ladies Friday Round Robin, 11am Live Music VDR, 6:30pm	3  Cardio Tennis, 9am Jr. Tennis Clinics, 11am Bench Press, Squat and Deadlift Workshop, 12pm TaylorMade Fitting Day, 12-4pm
11  Tavern Brunch, 10:30am - 2pm	12  Drop-In Day Care, 8am-12pm & 3-6pm Cardio Tennis, 8:30am Daytime Workout, 10am Jr. Tennis Clinics, 3:30pm & 4pm Introductory Yoga Workshop, 11am L.I.F.T., 5pm	13  Drop-In Day Care, 8am-12pm & 3-6pm After school class, 3:30pm Homework Hustle, 3:30-5pm Cardio Tennis, 9am Daytime Workout, 10am Jr. Tennis Clinics, 4pm & 5pm	14  Drop-In Day Care, 8am-12pm & 3-6pm Homework Hustle, 3:30-5pm Cardio Tennis, 8:30am Daytime Workout, 10am Jr. Tennis Clinics, 3:30, 4 & 5pm LGA Opening Party/Meeting	15  Drop-In Day Care, 8am-12pm & 3-6pm After school class, 3:30pm Cardio Tennis, 9am Stroke of the week, 9am Daytime Workout, 10am Introductory Yoga Workshop, 11am Jr. Tennis Clinics, 4pm & 5pm St. Patty's Day Mixer and Kid's Night, 5:30pm LGA Opening Day, 9am	16  Drop-In Day Care, 8am-12pm Cardio Tennis, 8:30am Daytime Workout, 10am Ladies Friday Round Robin, 11am	17  Double Digis Talent Night, 6:30pm Cardio Tennis, 9am Jr. Tennis Clinics, 11am-1pm Junior Golf Kick-Off Social, 1-3pm St. Patrick's Day
18  Tavern Brunch, 10:30am - 2pm	19  Drop-In Day Care, 8am-12pm & 3-6pm Cardio Tennis, 8:30am Daytime Workout, 10am Introductory Yoga Workshop, 11am Jr. Tennis Clinics, 3:30pm & 4pm L.I.F.T., 5pm	20  Drop-In Day Care, 8am-12pm & 3-6pm Homework Hustle, 3:30-5pm Cardio Tennis, 9am Daytime Workout, 10am Jr. Tennis Clinics, 4pm & 5pm	21  Drop-In Day Care, 8am-12pm & 3-6pm Homework Hustle, 3:30-5pm Cardio Tennis, 8:30am Daytime Workout, 10am Jr. Tennis Clinics, 3:30, 4 & 5pm Wine Down Wednesday Ladies Night, 5pm	22  Drop-In Day Care, 8am-12pm & 3-6pm After school class, 3:30pm Cardio Tennis, 9am Daytime Workout, 10am Jr. Tennis Clinics, 4pm & 5pm LGA Blind 9, 9am	23  Drop-In Day Care, 8am-12pm Dinner/Movie Night, 6pm Cardio Tennis, 8:30am Daytime Workout, 10am Hit with the Pros, 11am Introductory Yoga Workshop, 11am	24  Mother/Son 'Minute to Win it' Game Night, 4:30pm Cardio Tennis, 9am Jr. Tennis Clinics, 11am Adult Easter Egg Hunt, 4-7pm Jr. Golf Development Clinic, 10am Jr. Golf Advanced Clinic, 1pm, 1:3pm, and 2:15pm
25  Tavern Brunch, 10:30am - 2pm	26  Drop-In Day Care, 8am-12pm & 3-6pm Cardio Tennis, 8:30am Daytime Workout, 10am Introductory Yoga Workshop, 11am Jr. Tennis Clinics, 3:30pm & 4pm L.I.F.T., 5pm	27  Drop-In Day Care, 8am-12pm & 3-6pm Homework Hustle, 3:30-5pm Cardio Tennis, 9am Daytime Workout, 10am Jr. Tennis Clinics, 4pm & 5pm	28  Drop-In Day Care, 8am-12pm & 3-6pm Homework Hustle, 3:30-5pm Cardio Tennis, 8:30am Daytime Workout, 10am Jr. Tennis Clinics, 3:30, 4 & 5pm Wine Dinner, 6:30pm	29  Drop-In Day Care, 8am-12pm & 3-6pm After school class, 3:30pm Cardio Tennis, 9am Stroke of the week, 9am Daytime Workout, 10am Introductory Yoga Workshop, 11am Jr. Tennis Clinics, 4pm & 5pm LGA Low Gross/Low Net, 9am	30  Drop-In Day Care, 8am-12pm Cardio Tennis, 8:30am Daytime Workout, 10am Lobster Night, Grill Room & VDR	31  Cardio Tennis, 9am Jr. Tennis Clinics, 11am Kids Easter Egg Hunt, 11am Jr. Golf Development Clinic, 10am Jr. Golf Advanced Clinic, 1pm, 1:3pm, and 2:15pm Membership programs expire



## MARCH 1

**THE INVESTORS ROUNDTABLE OF WILMINGTON (IRT) MEETING: 12 p.m.**

The speaker at the IRT February meeting will be George Rountree, III speaking on his in-depth knowledge of Wilmington and his perspective on what is most important for Wilmington's future. George Rountree, III was born in Wilmington in 1933; he attended the University of Arizona and graduated in 1955 where he played on the varsity basketball team. He was inducted to the North Carolina Bar in 1962 and subsequently served in both the North Carolina House of Representatives and Senate. Among the organizations George Rountree has served are the UNCW Board of Trustees and the Southeastern North Carolina Regional Economic Development Commission. In 2016 George Rountree was awarded The StarNews Media Lifetime Achievement Award. Please join us in welcoming this distinguished member of our community to the IRT luncheon.

## MARCH 14

**LEARN ABOUT NC SMALL FARMS & THE PRODUCE BOX AT THE GREAT OAKS MEETING**

The Great Oaks Club welcomes Karlin West with The Produce Box to its meeting at the Country Club of Landfall on Wednesday, March 14, at 1:00 p.m. Ms. West will speak on the state of small farms in North Carolina and how The Produce Box partners with them to provide home delivery of fresh and local foods. Social time, refreshments and a short business meeting will precede the talk.

The Great Oaks Club is a social and educational group open to all women who are Landfall residents, property owners and/or Country Club of Landfall members. The organization welcomes new members at any time, and more information about the club can be found on the website: [www.greatoaksclub.com](http://www.greatoaksclub.com).

## MARCH 17

**WRIGHTSVILLE BEACH MARATHON**

The 9th annual 2018 Wrightsville Beach Marathon is sponsored this year by New Hanover Regional Medical Center. It will take place on St Patrick's Day, March 17, 2018, and run through Landfall, starting at 6:30am.

Come out and cheer on the runners! Complimentary Dunkin' Donuts breakfast packages will be delivered to spectators on race morning, sponsored by the Landfall Foundation. Sign up on our website to host a cheering station. This race will be a qualifier for the Boston Marathon.

The Foundation received approximately \$18,000 from the proceeds of the race last year, and will use this to fund programs in the arts, education and health and welfare for non profit agencies in the greater Wilmington area. In 2017, the Foundation awarded \$363,100 to 74 local charitable organizations, bringing the total giving to more than \$4 million over the past 22 years! For more info, please go to the Foundation's web site at [www.LandfallFoundation.org](http://www.LandfallFoundation.org)

## MARCH 18

**THE FRANK H. KENAN CHAPEL PRESENTS: THE CHRYSALIS CHAMBER QUARTET OF THE UNCSA IN CONCERT**

These outstanding Kenan Music Scholars from the Chrysalis Institute of the UNC School of the Arts will be in concert at our Kenan Chapel on March 18th. This very special Chrysalis Quartet will present music highlighted by Dohnanyi that is filled with lush harmonies and imaginative rhythms. The performers are Wei Lin, violin; Joohyun Lee, violin; Benjamin Kugler, viola; and Benjamin Therrell, cello. Interestingly, the Chrysalis Institute has been described "just as a chrysalis is a safe haven for a butterfly's transformation so is our conservatory a safe haven for young musicians to learn and grow into professional artists".

Be prepared for an outstanding concert! Concert begins at 5 p.m. with a reception following at the Country Club of Landfall. Complimentary tickets will be available at the NE Branch of the New Hanover County Library on March 12th. Donations are graciously accepted and appreciated by the Kenan Chapel.

## APRIL 7

**THE LANDFALL FOUNDATION'S 22ND ANNUAL GALA,**

"A Royal Affair" at the Country Club of Landfall at 6pm. This enchanting and sophisticated

event will feature all the colors and charm of an English Garden, where guests will be wined and dined like royalty, as they dance the night away. It will reflect all the pomp and circumstance of Grand English weddings, complete with a live Boy's Choir and both Live and Silent Auctions.

The Black Tie Gala is the Foundation's signature event and biggest fundraiser. It will raise approximately 70% of the Foundation's net revenue, which will be awarded to dozens of non-profit organizations in the Wilmington area in 2018. Visit the Foundation's web site at [www.landfallfoundation.org](http://www.landfallfoundation.org) for more information about the Foundation and Gala.

## APRIL 17

**CAPE FEAR GUARDIAN AD LITEM ASSOCIATION: SWING INTO SPRING FASHION SHOW AND LUNCHEON**

11am-2pm at CCL. Raffle prizes and silent auction. Please go to [www.cfgala.org/events](http://www.cfgala.org/events) to purchase tickets. Cost \$80.00. If you would like to reserve a table of 8, please call Teri Giannola at 910-509-9805.

CFGALA needs your help in raising funds for these 540 neglected or abused children in Wilmington. Due to the opioid crisis, CFGALA has had a surge in fund requests for cribs, car seats, high chairs, strollers and we support tutoring, summer camps, school equipment, cultural tickets for these children. Please help!

## APRIL 22-23

**GOLF AND GAMES DAY FOR GOOD SHEPHERD**

The 15th Annual Golf & Games Day to benefit Good Shepherd Center, held at CCL. Lots of fun events and auctions are planned, all to benefit our community's largest provider of food, housing, and assistance to the homeless, Good Shepherd of Wilmington. Sunday evening, April 22: Opening Dinner, Live and Silent Auctions, and live music by local artist Kyle Garris. Monday, April 23: Golf Tournament with Men's and Women's Divisions. Games Day—Card and Tile Games and Lunch, followed by Silent Auction and Reception. For more information or to register, contact Stacy Geist at 910-763-4424, ext 113 or email [sgeist@goodshepherdwilmington.org](mailto:sgeist@goodshepherdwilmington.org).

## CLUBHOUSE DIRECTORY

### LANDFALL CLUBHOUSE

(910) 256-8411

Jessi Reutter ext. 1022  
General Manager/COO  
Charlie Zimmer (843) 422-2301  
Assistant General Manager  
Melissa Kirkby ext. 1017  
Human Resources Director  
Lee Casteen ext. 1015  
Controller  
Kristin Wilson ext. 1019  
Membership Director  
Erin Alderson ext. 1020  
Communications Coordinator  
Brian Dennis ext. 1026  
Certified Executive Chef  
Charlie Garaventa ext. 1024  
F&B Manager  
Jesse Zanol ext. 1035  
Wine Club & Dining Room Manager  
Megan Foltz ext. 1021  
Private Events Director

### DINING RESERVATION LINE

(910) 256-7641

### TAVERN DIRECT LINE

(910) 202-3464

### DYE GOLF COURSE

(910) 256-9050

### NICKLAUS GOLF COURSE

(910) 256-7635

Jason Cherry ext. 1108  
Director of Golf  
Bryce Chaffee ext. 1105  
Head Golf Professional  
Greg Guman ext. 1107  
Director of Instruction

### CLUB STORAGE LINE

(910) 239-1888

### DRYSDALE SPORTS CENTER

(910) 256-7625

Josh Case ext. 1301  
Fitness & Aquatics Director  
Jon Ingham ext. 1303  
Director of Tennis  
Charlie Owens  
Head Professional Emeritus

### CAFE

(910) 256-7625 ext. 1330

### MASSAGE THERAPY

(910) 264-6951

Patti Accattato  
LMBT

### CHILDREN'S ACTIVITIES

(910) 256-7625

Judy Mitchell ext. 1304  
Director of Children's Activities

### GOLF COURSE MAINTENANCE

Jeff Mack (910) 256-9032  
Director of Golf Course & Grounds Operation

### LANDSCAPING

(910) 256-7669

### SECURITY

(910) 256-5311

Please contact Suzi Motley with any billing questions at 256-8411, x1014

To email a staff member, please use this format:  
firstname.lastname@countrycluboflandfall.com



...to get a behind-the-scenes glimpse at all things CCL and connect with your fellow Members.

Cover photo by Bryce Chaffee

## WEEKLY SPECIALS

### Every Day

Happy Hour 1/2 Price Appetizers in the Tavern,  
4-6 p.m. (Dine-In Only)

### Tuesday

Chicken Fried Buffet  
1/2 Price Wine By the Glass (priced up to \$12)

### Wednesday

\$10 Burger & Draft

### Thursday

Kids Eat Free in the Tavern  
\$15 Fresh Catch in VDR & Grill Room

### Friday

Farm Fresh Friday in the Tavern  
First Friday Live Music in the VDR

### Saturday

Pasta Night in the Tavern  
Prime Rib Night in the VDR & Grill Room

### Sunday

Tavern Brunch · Adults: \$18.95 Kids: \$8.95  
Rotating Evening Feature

## HOURS OF OPERATION

### Clubhouse Dinner Services

#### Members' Tavern

Closed Monday  
Tuesday-Sunday, 5 - 9 p.m.

### Clubhouse Lunch Services

#### Members' Tavern

Tuesday-Saturday  
11:30 a.m. - 2:30 p.m.  
Sunday Brunch, 10:30 a.m. - 2 p.m.

### Verrazzano Dining Room &

Club Grill and Lounge  
Thursday-Saturday, 6 - 9 p.m.

### Nicklaus Course & Golf Shop & Range

Monday 8:30 - 11 a.m.  
Tuesday - Sunday (Dec-Feb)  
7 a.m. - 5 p.m.

### Dye Course & Golf Shop

Wednesday-Monday  
7 a.m. - 6:30 p.m.  
Closed Tuesdays

### 19th Holes

Tuesday - Sunday  
11 a.m. - 6 p.m.

### Drysdale Sports Center

Monday-Thursday 5 a.m. - 10 p.m.  
Friday 5 a.m. - 9 p.m.  
Saturday-Sunday 6 a.m. - 9 p.m.

### Tennis Center Pro Shop

(weather permitting)  
Monday-Friday, 7:30 a.m. - 8 p.m.  
Saturday, 8 a.m. - 7 p.m.  
Sunday, 9 a.m. - 7 p.m.

### Landfall Pool

Pool is closed for the season

## FEEDBACK

Have something to say? Let us know!

Submit your feedback by emailing [feedback@ccl.club](mailto:feedback@ccl.club)

